



THE PLOUGH INN
Whitegate

Autumn Dining Menu

Starters

Homemade soup of the day served with Hulse's chunky bread £4.95 GFOA

Smoked Mackerel served with celeriac and potato salad, horseradish mayo. GF £6.95

Pressed Ham Hock terrine served with apple puree, apple crisps and toasted chunky bread £5.95 GFOA

Box baked Camembert with sweet and sour red onion relish and wedge of toast. £8.50 GFOA

Sweet Chilli falafel with garlic aioli, rocket salad, and pitta bread £6.25 VE

Sharing Platters

£10 (single portion) £19 (sharing portion)

Fish platter Smoked mackerel, trout pate, prawn cocktail, sweet chilli king prawns, served with chunky brown bread and butter. GFOA

Chicken platter Chicken nuggets, southern fried chicken, spicy chicken wings and fries, served with a sweet chilli dipping sauce.

Vegetarian platter Grilled Halloumi, houmous, sweet chilli falafel, olive and red pepper salad and garlic aioli, served with pitta bread. v

Sandwiches & Wraps

(Available until 5.30pm, all served with chips & side salad)

Bacon, lettuce & tomato. £7.50

Southern fried chicken served with lettuce & chilli mayonnaise £7.50

Chicken & bacon. served with lettuce & mayonnaise £7.50

North Atlantic prawns with Marie Rose sauce. £7.50

Cheese and tomato. £7.50

Battered cod goujons and Tartare sauce. £7.50

Tuna and sweetcorn with mayonnaise £7.50

Main Courses

Hughes' family recipe steak pie made with years of experience, served with chips and mushy peas. £12.95

Homemade cheese and onion pie served with chips and baked beans. £10.50 v

Beer battered sustainable Cod served with chips, mushy peas and homemade Tartare sauce. £11.95 GFOA

Herb crusted Cod served with olive roasted new potatoes and red pepper coulis £15.95 GFOA

Soy and Sesame roasted Salmon served with chilli King prawns, Pak Choi and noodle stir fry and a Soy and honey dressing £15.95 GF

Roast Chicken Breast with fondant potatoes, creamy cabbage, bacon, roasted carrot with a Thyme jus. £13.95 GF

Duck breast with red onion rosti, broccoll puree, braised red cabbage and red wine jus £16.95

Thai Green chicken curry served with sticky rice, and prawn crackers £12.95 VO GF

Butternut and Parmesan risotto with Parmesan crisp and basil oil. £11.95 v GF

Steaks & Burgers

8oz Ribeye steak accompanied with frites, grilled tomato and mushrooms, onion rings £19.95 GFOA

The Big Plough burger made with 2 beef patties, bacon, cheese, pickle, onion rings, tomato and lettuce served on brioche with frites and relish £16.95

The Plough cheeseburger presented on a brioche bun, served with frites. £11.95

Cajun chicken burger served with lettuce, tomato on a brioche bun with frites and Cajun mayo £13.95

Halloumi and field mushroom burger served with roasted peppers, lettuce and tomato on a brioche bun, accompanied with frites £11.95 v

Salads

Choose a base salad, Caesar dressed baby gem or house salad and then add your chosen topping.

- Chicken and bacon** £10.95
- Cajun chicken** £10.95
- Roasted Salmon** £10.95 GF
- Grilled Halloumi and mixed olives** £10.95 GF

Sides

- Onion rings.** GFOA £2.95
- Frites / Hand cut chips.** GFOA - Hand cut only £3.00
(add cheese for 50p)zz
- Dressed house salad.** V GFOA £3.00
- Gem lettuce with Caesar dressing & Parmesan** £3.50
- Fresh seasonal vegetables.** V GFOA £2.50
- Bread and butter.** GFOA £0.75

Desserts

Chocolate sizzler - chocolate brownie served on a skillet topped with vanilla ice cream and accompanied with chocolate sauce. £5.95 GF

Belgian waffle with Banoffee sauce, topped with vanilla ice cream. £5.95

Sticky toffee pudding served with toffee sauce and vanilla ice cream. £5.95

The Plough's Eton Mess. Chocolate, blackcurrant and black cherry mixed with raspberry coulis crushed meringue, whipped cream and nibbed biscuits £5.95

Chocolate Ice cream Sundae. Chocolate, mint chocolate and salted caramel ice cream with chocolate sauce and brownie pieces £6.95

White chocolate and raspberry creme brulee. served with a shortbread biscuit £5.95

Apple and plum crumble served with custard. £5.95 V GF

Ice cream selection Choose from: Vanilla, chocolate, honeycomb, salted caramel, mint choc chip or English Lakes diabetic ice cream. All served with either mixed fruit, chocolate sauce or fruit coulis, GFOA

One scoop £3.35 Two scoops £4.35 Three scoops £5.35

Cheese board - Brie, Cheddar, and Stilton, served with grapes, celery, crackers and chutney. £7.95 GFOA

SUNDAY ROASTS AT THE PLOUGH

(Served Sundays 12-9pm)

Choose from our weekly selection of freshly roasted meats, served with new and roast potatoes and seasonal vegetables. £11.95



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www.ploughwhitegate.co.uk