

# Plough Walks



## WALK NO. 4

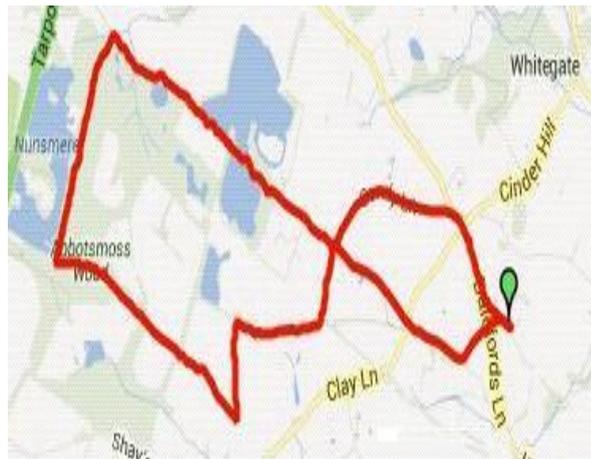
### MARTON & ABBOTS MOSS FIGURE OF EIGHT.

- **START & FINISH:** THE PLOUGH
- **MAPS:** OS EXPLORER 267
- **DISTANCE:** 8.9 KM / 5.38 MILES
- **ALLOW:** 1HR 50MINS

- *LEVEL SURFACE WITH NO ELEVATION, SOME SECTIONS CAN BE WET/MUDDY IN WINTER.*

#### About the Walk

Starting at the Plough, this route takes you on a pleasant Ramble along mainly flat & gentle terrain. The walk takes a parallel route to Whitegate way from Nova Scotia in Marton, between the two quarry pools in Newchurch common & onto the Scout activity centre at Sandiway before skirting the edge of Nunsmere, an impressive lake close to the A49 Tarporley Road. The route then doubles back via Abbots Moss nurseries a Forestry Commission site for growing fir trees & then back through the meadows & secluded paths of Whitegate & Marton.



#### **1. Cassia Lane – Nova Scotia.**

Turn right out of the Plough car park and walk to the main road and go straight across and past the football pitch on the left. At the end of the lane turn right and then straight across, when you reach the crossroads (**Nova Scotia Lane**) Walk on past Sandy lane which is on the right (**1.5km**) and at the end of the lane go through the gap next to the gate and continue along the stone track.

#### **2. Sandiway & Abbots Moss.**

Continue for a distance and when you reach a crossroad on the track, by the Forest camp activity centre, (**3.3km**) take a left by the black & yellow barrier and continue on, crossing the bridge over Whitegate way. Continue on past the green scout activity centre sign on the left and as the track narrows a little, go past the barrier & past the memorial stone on the right (**Nunsmere Lake & Hall in the background**), then after a short distance turn right along the stone track (**4.4km**).

The following notes are a temporary amendment due to partial restrictions to the route.

At the point where the track bends to the right, turn left at the gap between the trees and do a slight u turn and follow the narrow path slightly to the right. After a short distance and as the path descends a little, look out for the post ahead on your left (**4.76km**). Take the track here on the left and walk on until you emerge onto the stone track

### 3. Whitegate Way – Sandy Lane.

Turn right and immediately left down the adjoining small track, continuing until you reach a metal gate ahead of you leading to Whitegate way **(5.42km)**. Turn right onto Whitegate way and carry on for a distance, past the wooden barriers at the intersection known as Newchurch crossing **(6.28km)**.

Continue and after a short distance you will come to some steps either side of the track **(6.94km)**. Take the steps on the left and either cross the stile or go through the kissing gate **(The choice is yours)** into the fields with horses. Walk on and pass through a metal gate and two wooden gates & across the field to the house ahead **(at the time of writing a pair of buzzards are nesting in the trees just to the right of the field)**

### 4. Sandy Lane – Plough

Go through the kissing gate and across the road and onto Sandy Lane **(Formerly known as Donkey lane 7.26km)**. At the end of Sandy Lane turn right and walk through the clump of trees known as the beeches. Cross over the road with the village hall opposite and continue to the right. After a short distance bear left down a track just after the national speed limit sign &, walk through the shady hollow to the road, turn left and back to **The Plough**, which is just ahead on the left **(8.9km)**.

- **Why not finish your walk with a drink and a meal in our welcoming hostelry**

*Hidden in a quiet corner of beautiful Cheshire countryside that is popular with walkers and steeped in history, the Plough Inn offers traditional beers, fine wines, and quality home cooked food served in a comfortable and friendly atmosphere.*

*We have one of the most varied menus in the area. Favourites such as steak pie and chips are served alongside starters, salads and a continually changing specials board. A wide variety of fish and seafood is also available. All our dishes are prepared on the premises using fresh sustainable produce from local meat and fish suppliers.*

<p>We would appreciate any feedback regarding our walks, please forward them to Nigel Durose at the following email address. <a href="mailto:Nigedurose05@googlemail.com">Nigedurose05@googlemail.com</a></p>
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[Contact us.](#)

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**[www.ploughwhitegate.com](http://www.ploughwhitegate.com)**

***Further walks are available from the Plough or by visiting the above website.***